

# **GIRLS FOOTBALL CLUB AT HIGHLEY** COMMUNITY PRIMARY SCHOOL

We can't wait to welcome new and returning footballers to the new term, and see more children discover their, and encourage their friends' passion, for sport.

## **OUR SESSIONS**

We are proud to be a fun & inclusive external football provider, welcoming every child that wants to play.

Each weekly session is a mix of games, physical activities and football skill exercises that focus on progression, confidence, teamwork and having fun!

> Social skills Communication. friendships,

> > inclusion

#### Physical skills

Defending. attacking, goal keeping, agility

## **Tactical skills**

Decision making, anticipation, marking

#### **Key skills**

Passing, ball control, shooting, rules

# **Personal skills**

**EVERY TUESDAY** 

6<sup>TH</sup> JAN- 23<sup>RD</sup> MAR

3:20-4:20

TERM

YEARS

Learning to lose, self-confidence. teamwork



#### COACHES



All coaches have strong football backgrounds & proven skills and knowledge required to teach children, with a genuine passion for helping young players develop.





Our coaches don't just create amazing footballers, they provide an environment where children are comfortable to try new things, where they can learn to lose, build friendships, grow in confidence, feel proud of themselves and understand the importance SAFEGUARD of teamwork.

### **WANT TO PLAY?**

It's just £6 per session, which you can either pay in full, or in instalments through Klarna.

Find out more about Play Football Juniors online



# WE KNOW SPORTS

We have been providing netball & football leagues for over 10 years, with 40,000 women playing with us weekly.



A large number of girls unfortunately give up all sport during their teenage years, with confidence being a large reason. We have found that for 44% of our adult players who join, we are their first contact with sport or netball since leaving school. Playing sport, and belonging to a team or club, has huge personal, social and emotional benefits. We want to give children the opportunity to try football at a young age, and hopefully create a lifelong connection with sport, and give them the confidence to continue playing into their adult lives.